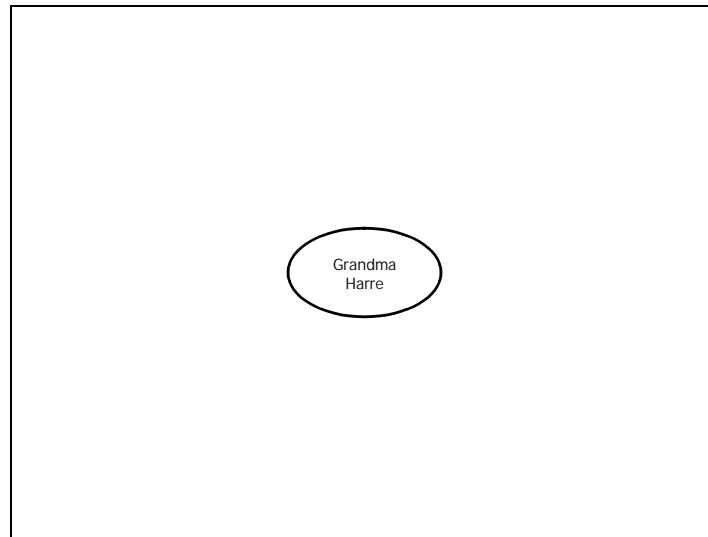


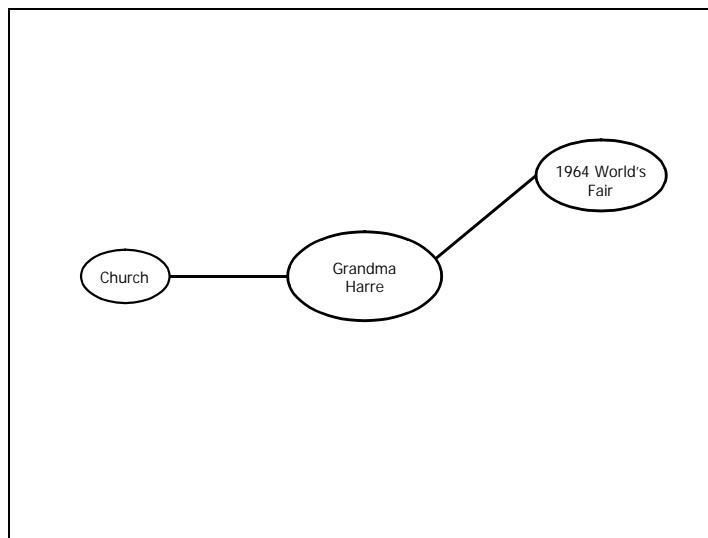


Clustering

Draw an oval in the middle of the page. Inside the oval, write a word or idea you want to explore. Reflect on the idea for a couple of minutes or so, letting your mind make whatever connections it wants to. Simply be curious to see what turns up. Don't worry if your associations make little sense.



Draw lines and arrows from the center outward in any direction they want to flow. Put new words and ideas in circles or along the lines.





Once you've finished your cluster, pick something that stands out for you in relation to your life and spend about five minutes writing about it. Again, remember, this is a draft. You can always go back and rewrite for "publication" later.

